



Students activity book – Words matter

<p>Patience - tolerance - brief explanations</p>	<p>Webster’s dictionary defines patience as: the capacity, habit, or fact of being patient; to endure what is difficult or disagreeable without complaining. Patience is defined as the the quality of being patient, as the bearing of provocation, annoyance, misfortune, or pain, without complaint, loss of temper, irritation, or the like.</p>
<p>A glossary of terms</p>	<p>Patience Tolerance Tolerant vs intolerant behaviour Prejudice Inclusion</p>
<p>Basic instruments/ materials</p>	<p>Notebooks; pen or pencil; computer; Copies of Reproducible “Words Matter”</p>
<p>Short instruction of the training sessions or the activities</p>	<p>This activity will help you help you develop a positive attitude towards the difference, annoyance, provocative behaviours as well as tolerance as inclusion. At the end pf the activity you will be able to:</p> <ul style="list-style-type: none"> - Identify and examine current and historical non-inclusive, intolerant behaviors around you (in your school, your community, and society as a whole). - Identify the roots and consequences of non-inclusive, intolerant behaviour. <p>ACTIVITY 1</p> <p>1.1 – Do you still remember the Soeren Palumbo speech and the use of the R-word (retard / retarded)?</p> <p>1.2 – Take a look to the Handout “ Words matter” and complete it. Don’t forget to think about your own use , active or passive, of the R-word in school, in your community, in society in general.</p> <p>1.2.1 – Were you aware of your own thoughts and actions (or inactions) with regard to intolerance and prejudice toward others?</p>

1.2.2 – What might cause someone to be intolerant of others?

1.2.3 – How does our choice of words matter?

ACTIVITY 2

2.1 – Can you identify examples from history when intolerance and prejudice had a history-changing negative effect?

2.2 - How were people discriminated against or treated differently because of something they could not control?

2.3 - What positive impact, if any, came from this event?

2.4 - How might the world be different if this event had never happened?

ACTIVITY 3

3.1 – Create a poster, a video, a poem, or a song to influence your peers to help to reverse the trends of intolerance and prejudice against those with disabilities.

4 - Activity assessment

Now , I'm able to	Very Well	Well	With difficulty
Identify intolerant behaviours in my school			
Identify consequences of treating someone differently			
Reflect on possible solutions to overcome similar behaviours in my school			

**“a bag of tricks”
useful pieces of advice and
suggestions for the students**

To place yourself into other people's shoes will reinforce your empathy and compassion towards others.
By treating other people gently ,kindly and with respect we can promote inclusion and stop prejudice.

Words Matter

Think about your own thoughts and actions (or inactions) with regard to intolerance and prejudice toward others. Then rate yourself using the scale below and answer the questions that follow:

1. I make fun of people for things like race, religion, gender, body size, or physical or mental ability.

I never or almost never do this.	1	2	3	4	5
I sometimes do this					
I frequently do this.					
I always do this.					

2. I treat people differently if they are or have a different race, religion, gender, body size, physical, or mental ability than I do.

I never or almost never do this.	1	2	3	4	5
I sometimes do this					
I frequently do this.					
I always do this.					

3. I use the R-word (retard, retarded) to refer to people who have intellectual disabilities.

I never or almost never do this.	1	2	3	4	5
I sometimes do this					
I frequently do this.					
I always do this.					

4. I use the R-word (retard, retarded) to refer to people or things that I think are silly or stupid.

I never or almost never do this.	1	2	3	4	5
I sometimes do this					
I frequently do this.					
I always do this.					

5. I laugh when my friends use the R-word.

I never or almost never do this.	1	2	3	4	5
I sometimes do this					
I frequently do this.					
I always do this.					

6. I remain quiet when my friends use the R-word.

I never or almost never do this.	1	2	3	4	5
I sometimes do this					
I frequently do this.					
I always do this.					

7. I discourage my friends from using the R-word.

I never or almost never do this.	1	2	3	4	5
I sometimes do this					
I frequently do this.					
I always do this.					

Choose one of the statements from above for which you rated yourself a 2, 3, or 4, and reflect on why you believe you did the action. Would you do it again?
