



## Methodology book

<p><b>Habit – Resolve</b></p>	<p>Description and importance in school:          One of the main difficulties that students of our school cluster have is gathering strategies to solve problems. In an inquiry addressed in the beginning of this project both students and teachers found that resolve is one of the 6 most important habits to achieve success.</p> <p>This activity aims to help improving this skill and the understanding the meaning of the following terms: habit, resolve, purpose, determination, action, solution, resolute.</p> <p>Webster’s dictionary defines resolve as: the fixity of <b>purpose</b> ; a legal or official <b>determination</b>; a resolution or determination made, as to follow some course of <b>action</b>; firmness of purpose or intent; determination in <b>finding a solution</b>; a firm determination to do something; formal strong determination to succeed in doing something; the trait of being <b>resolute</b> according to the vocabulary.com.</p>
<p><b>Activity/Game</b></p>	<p><b>I have a problem: I need to prepare a meal!</b></p>
<p><b>Age /year of school</b></p>	<p>Children from 6 years and up</p>
<p><b>Duration</b></p>	<p>15 to 30 min</p>
<p><b>Resources and materials</b></p>	<p>- copies of the text “I have a problem: I need to prepare a meal!” and of the chart</p>
<p><b>Specific description</b>           lesson plan step by step</p>	<p>The students should read the text “I have a problem: I need to prepare a meal!”</p> <p>After reading the text the students should relate the main troubleshooting steps (column A) to the ideas in the text (column B).</p> <p>Finally students share and discuss their answers with their classmates.</p>

## TEXT

### I have a problem: I need to prepare a meal!

Two and a half hours have passed since lunch. I already attended two classes and finally I arrived home. Soon my basketball training will start and I feel so hungry!! But there is no one at home to prepare me a meal...

Time for action: I think about what I feel like eating, then I check my fridge and in the kitchen cabinets what items are available, maybe I adapt my will to what is available, and it's time to prepare the snack. Finally ready, I can eat my delicious sandwich and fruit and the problem is solved.

After reading the text relate the main troubleshooting steps (column A) to the ideas in the text (column B).

Main troubleshooting steps	Description
<ul style="list-style-type: none"> <li>● Step 1 - Clear identification the problem</li> <li>● Step 2 - Purpose</li> <li>● Step 3 - Determination</li> <li>● Step 4 - Finding a solution</li> <li>● Step 5 - Course of action</li> <li>● Step 6 - Assess the efficiency of the chosen solution</li> </ul>	<ul style="list-style-type: none"> <li>● Preparing and eating the sandwich and fruit - Step ____</li> <li>● Go to the kitchen search for food in the fridge and kitchen cabinets - Step ____</li> <li>● Be satisfied - Step ____</li> <li>● Be hungry - Step ____</li> <li>● Eat something - Step ____</li> <li>● Feel satisfied - Step ____</li> </ul>

### Answers

Main troubleshooting steps	Description
<ul style="list-style-type: none"> <li>● Step 1 - Clear identification the problem</li> <li>● Step 2 - Purpose</li> <li>● Step 3 - Determination</li> <li>● Step 4 - Finding a solution</li> <li>● Step 5 - Course of action</li> <li>● Step 6 - Assess the efficiency of the chosen solution</li> </ul>	<ul style="list-style-type: none"> <li>● Preparing and eating the sandwich and fruit - <b>Step 5</b></li> <li>● Go to the kitchen search for food in the fridge and kitchen cabinets - <b>Step 4</b></li> <li>● Be hungry - <b>Step 1</b></li> <li>● Be satisfied - <b>Step 6</b></li> <li>● Eat something - <b>Step 2</b></li> <li>● Feel satisfied - <b>Step 3</b></li> </ul>