



Students activity book – Standing By or Standing Up

<p>Patience - tolerance - brief explanations</p>	<p>Webster’s dictionary defines patience as: the capacity, habit, or fact of being patient; to endure what is difficult or disagreeable without complaining.</p> <p>Patience is defined as the quality of being patient, as the bearing of provocation, annoyance, misfortune, or pain, without complaint, loss of temper, irritation, or the like.</p>
<p>A glossary of terms</p>	<p>Patience Tolerance Tolerant vs intolerant behaviour Prejudice Inclusion</p>
<p>Basic instruments/ materials</p>	<p>Paper, pen or pencil; computer; Video of speech by Soeren Palumbo</p>
<p>Short instruction of the training sessions or the activities</p>	<p>This activity will help you develop a positive attitude towards the difference, annoyance, provocative behaviours as well as tolerance as inclusion.</p> <p>At the end of the activity you will be able to:</p> <ul style="list-style-type: none"> ● identify and examine current and historical non-inclusive, intolerant behaviors around you (in your school, your community, and society as a whole); ● identify the roots and consequences of non-inclusive, intolerant behaviour. <p>Activity 1</p> <p>1.1 – Watch a speech by Special Olympics Youth Leader and Notre Dame honor student Soeren Palumbo : https://www.youtube.com/watch?v=CoqaNG00zqc</p> <p>1.2 – Answer the following questions on your notebook.</p> <p>1.2.1 – Have you ever seen yourself or one of your friends doing something similar?</p> <p>1.2.2 – Have you ever used or stayed silent when others</p>

used the terms “retard” or “retarded” ?

- 1.2.3 – Did you predict that the target of the teens’ discrimination was Soeren’s sister? If not, what was your reaction?
- 1.2.4 – How do you think the teasing made Soeren feel?
- 1.2.5 – How would you describe the teens who were teasing Olivia?
- 1.2.6 – Why does the use of the R-word demonstrate intolerance?
- 1.2.7 – Is it just as bad to remain quiet when someone is calling someone the R-word as it is to use the term yourself?
- 1.2.8 – How might Soeren’s story be different if
 - (1) Olivia had been seen by the teens as more than a “retard” or
 - (2) One of the teens had stood up to the others?
- 1.2.9 – How would your life be different if you were judged by just one element of your life, especially if it was one you could not control?
- 1.2.10 – Is it possible to be an innocent bystander?

Activity 2

- 2.1 – What are the important lessons we can learn from Soeren’s Story?

Activity 3

- 3.1 – Read the following quote:

“He who passively accepts evil is as much involved in it as he who helps to perpetrate it.”

- Dr. Martin Luther King Jr.

What do you think its author was trying to say?

	<p>Activity assessment</p> <table border="1"> <thead> <tr> <th data-bbox="576 253 999 331">Now , I'm able to</th> <th data-bbox="999 253 1139 331">Very Well</th> <th data-bbox="1139 253 1273 331">Well</th> <th data-bbox="1273 253 1425 331">With difficulty</th> </tr> </thead> <tbody> <tr> <td data-bbox="576 331 999 409">Identify intolerant behaviours in my school</td> <td data-bbox="999 331 1139 409"></td> <td data-bbox="1139 331 1273 409"></td> <td data-bbox="1273 331 1425 409"></td> </tr> <tr> <td data-bbox="576 409 999 488">Identify consequences of treating someone differently</td> <td data-bbox="999 409 1139 488"></td> <td data-bbox="1139 409 1273 488"></td> <td data-bbox="1273 409 1425 488"></td> </tr> <tr> <td data-bbox="576 488 999 607">Reflect on possible solutions to overcome similar behaviours in my school</td> <td data-bbox="999 488 1139 607"></td> <td data-bbox="1139 488 1273 607"></td> <td data-bbox="1273 488 1425 607"></td> </tr> </tbody> </table>	Now , I'm able to	Very Well	Well	With difficulty	Identify intolerant behaviours in my school				Identify consequences of treating someone differently				Reflect on possible solutions to overcome similar behaviours in my school			
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<p>“A bag of tricks” useful pieces of advice and suggestions for the students</p>	<p>To place yourself into other people's shoes will reinforce your empathy and compassion towards others. By treating other people gently ,kindly and with respect we can promote inclusion and stop prejudice.</p>																